



Sewing: Introduction to the Sewing Machine for Beginners

This course provides a thorough introduction to the technical aspects of sewing. You will learn how to care for it and use its basic functions. You will also learn how to use other equipment to achieve great results in your sewing. You will mainly be doing exercises and completing small projects. You will get the chance to apply your learning in one small project.

Course Learning Outcomes

- Identify the different parts and functions of a sewing machine.
- Thread and spool a sewing machine.
- Use straight, zig-zag and backward stitches.
- Stitch the 4 fundamental seams on a sewing machine - Plain, Flat-Felled, French and Lapped.
- Use and care for the sewing machine and other tools and equipment in a healthy and safe manner. (Tools include scissors, measuring tape, pins, needles, unpicker, iron and pressing tools, tailors' chalk.)

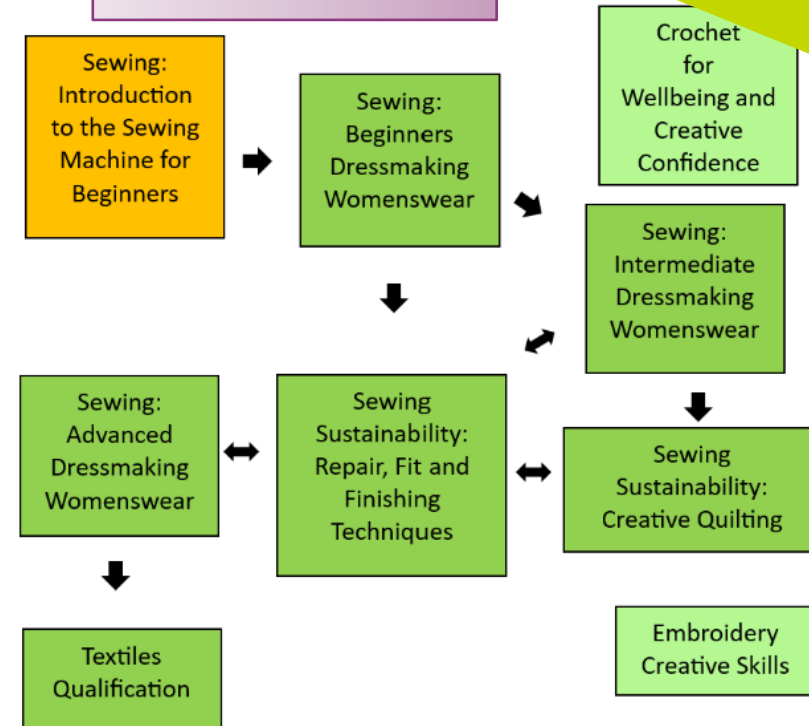
Please note: To successfully complete this course, you must commit to full attendance and punctuality. You will also be required to use basic digital skills throughout the course to access and support your learning materials.

What is needed for the course?

Essential materials will be provided but you might wish to bring your own material to realise your project. Your tutor will advise you further.

If you need any additional support, please call us: 020 8583 6000

Progression Pathway



We can also provide you with information, advice and guidance for employment or further learning.

- ▶ Please speak with your tutor or
- ▶ Call 020 8583 6174 to speak to an advisor or
- ▶ Email work@hounslow.gov.uk or
- ▶ Visit www.workhounslow.co.uk