

Health and Care Level 1 Award

About the Course

This 16-week qualification provides a basic, introductory set of knowledge and skills relevant to health and care.

Learning outcome 1: Person centred support in health, social care, in children and young people's and adults' settings.

Learning outcome 2: Supporting healthy eating and drinking in health and social care.

You will learn a variety of transferable skills needed for working in a health and social care environment.

Please note: To successfully complete this course, you must commit to 100% attendance and punctuality.

What is needed for the course?

- You will need an initial assessment, where we will ask you to complete some tasks.
- We will also ask you some questions to be able to support you better with your studies.
- **Reading and Writing skills** should be at **English Entry Level 3**.
- You may be issued with 2 – 3 hour of homework per week.

There are no specific recommended prior learning requirements for this qualification.

If you need any additional support, please call us: 02085836000.

Progression Pathway

Level 3 certificate in understanding autism

Level 2 certificate in understanding challenging behaviour

Level 2 certificate in understanding domestic abuse.



Level 2 award in health and care

Level 1 award in health and care

[Gateway Qualifications Level 1 Award in Health and Care -](#)



The job opportunities that this course could lead to are:

- care assistant
- domiciliary assistant

We can also provide you with information, advice and guidance for employment or further learning.

- ▶ Please speak with your tutor or
- ▶ Call 020 8583 6174 to speak to an advisor or
- ▶ Email work@hounslow.gov.uk or
- ▶ Visit www.workhounslow.co.uk