

Sewing Machine Techniques

Beginners

About the Course

On this course you will add to your functional sewing machine skills with more basic techniques, to enable you to carry out sewing projects such as making simple garments. For this, you will also practice the use of different sewing machine feet. This course is technical and you will mainly be doing exercises and complete sewing samples, and will apply your learning in one practical project. All samples will be made on plain cotton fabric.

Course Learning Outcomes

- Develop Health & Safety routines whilst working on a sewing machine
- Identify the different parts and functions of a sewing machine
- Thread and spool a sewing machine
- Learn how to use the 10 essential stitches to start sewing; straight, back, basting, top, zigzag, over cast, gathering, button hole, blind hem, reinforced stitches
- Pre-set and use the different stitches available on the sewing machine
- Identify a few different sewing machine feet and learn how to change them
- Insert and stitch a zipper
- Complete a small project provided by the tutor

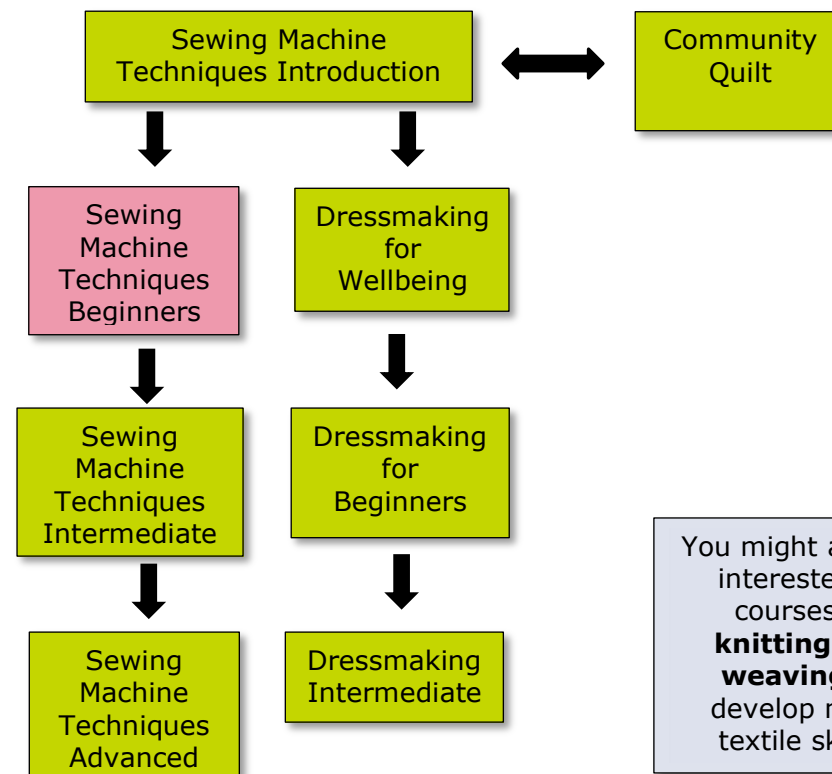
Please note: To successfully complete this course you must commit to 100% attendance and punctuality.

What is needed for the course?

Essential materials will be provided but you might wish to bring your own material to realise your project. Your tutor will advise you further.

If you need any additional support, please call us: 02085836000.

Progression Pathway



You might also be interested in courses in **knitting** and **weaving** to develop more textile skills.

We can also provide you with information, advice and guidance for employment or further learning.

- ▶ Please speak with your tutor or
- ▶ Call 020 8583 6174 to speak to an advisor or
- ▶ Email work@hounslow.gov.uk or
- ▶ Visit www.workhounslow.co.uk