

## Photo Walks in Hounslow – Creative Wellbeing in Hounslow Central

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### About the course

This course is part of our wellbeing programme designed to enable learners to try a new art, craft or exercise in order to explore the benefits they have on our wellness. Once you have completed this course you might decide to progress on a Level 2 Qualification in Creative Arts in order to gain professional skills, or to continue your learning on other non-accredited photography to build your confidence as so to practice independently.

This course will give you an understanding of how to create more meaningful photographs with your smartphone. While learning tools and techniques for improving your photography skill, we will explore new ways of seeing the community around us through a weekly theme and task. You'll be learning about composition, perspective, light and shadow and much more while taking a different walking route each week. If you are interested in learning about photography, connecting with new people and spending time in outdoor spaces, this wellbeing course is for you.

***\*If you are unemployed, looking for work, and are in receipt of a means tested benefit, you do not have to pay the course fees. You will need to sign a self-declaration form stating that you are looking for a job and provide supporting evidence.***

***\*If you are in low paid employment and you earn less than £10.85p/h or £21,157.59 annual gross salary, you do not have to pay the course fees. You will need to provide proof of income, for example, this could be a wage slip within 3 months of the course start date, or a current employment contract, which states gross monthly/annual wages.***

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### What will I learn?

#### After this course you will be able to:

- Practice photography outdoors in a healthy and safe way with consideration to other people and the urban environment
- getting the most out of your smartphone to take and edit photographs

- Understand the principles of documentary photography
  - Explore composition of colour, shape and form through the lens
  - Produce a range of photographs and select a collection that portrays city life through your eyes
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### **What are the entry requirements?**

- This course is for beginners with little or no previous knowledge of photography. However, to access this course basic digital skills are essential
  - We use Google Suite for Education to record your learning journey. If you are a new learner with us, we will create an account for you. Details will be sent to your personal email so please check your inbox and spam regularly prior to course start.
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### **What do I need to bring with me?**

- Your smartphone
  - Make sure to dress according to the weather
  - *You may wish to bring a piece of paper and a pen to take notes, a camera or smartphone to document your motifs, and something to sit on, for example a foldable stool, a seat pad or a plastic bag.*
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### **How will my learning be assessed?**

This is a non-accredited course with the intent to benefit lifelong learning. Your tutor will give you regular verbal and written feedback to support your progression. You will submit your course work and track your learning in Google Classroom. You will participate in group discussions and receive guidance.

To successfully complete the course your attendance should be a minimum of 85% and course work should be completed by the end of the course. **Please note that the first session is an induction to the course and the**

**centre, so it is therefore essential that you attend.** If you for any reason are unable to attend, please let us know and ensure that you read through the induction slides located in your Google Classroom and complete any related tasks.

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### **What can I do after completing this course?**

- The most obvious route after this course, would be to continue your learning on a specialist course in photography. You can call us to find out about upcoming courses on 020 8583 6000
  - At the end of the course your tutor will advise you on your possible next steps.
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### **Information, advice and guidance for employment**

- Call 020 8583 6174 to speak to an advisor
  - Email [work@hounslow.gov.uk](mailto:work@hounslow.gov.uk)
  - Visit <http://www.hace.ac.uk/employment-support>
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